



CLEOPATRA'S BEAUTY BATH

Simply:

Add 1 cup of milk (try whole milk) and 1/2 cup honey to bath water. You can also add a few drops of your favorite essential oil. If you want smoother skin, use more honey.

Or for your added enjoyment....

1 cup powdered milk

$\frac{1}{4}$ cup baking soda

1 cup Sea Salt or Epsom salts

$\frac{1}{2}$ cup honey

Rose petals

Essential Oil (Lavender)

